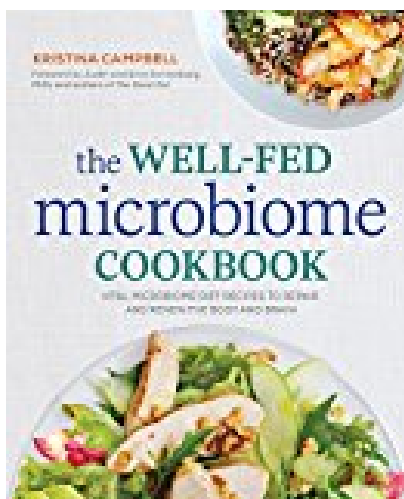


The Well-Fed Microbiome Cookbook Vital Microbiome Diet Recipes to Repair and Renew the Body and Brain



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