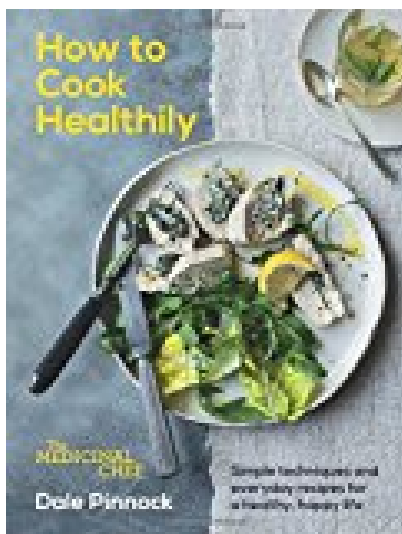


The Medicinal Chef How to Cook Healthily Simple Techniques and Everyday Recipes for a Healthy Happy Life



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